

# Apply Today! Family Leadership Retreat

## *A two-day Central Maryland retreat to empower you to be a stronger advocate for your child*



### **Who should apply?**

Parents and caregivers who both:

- have a school-age child with mental health challenges and
- live in Baltimore, Carroll, Frederick, Howard or Montgomery counties

### **What can I expect?**

The retreat provides a welcoming space for you to learn how to help your child by:

- collaborating with your child's school
- taking care of yourself
- empowering you to promote the needs of your child and family

### **When & where is it?**

Friday, June 1, 5:00 - 9:00 pm and Saturday, June 2, 9:00 - 3:30 pm  
*Attendance both days is required*

Best Western Westminster Hotel  
451 WMC Drive, Westminster, MD 21158

### **How much does it cost?**

There is no cost. A completed application and commitment to attend are required. All meals are provided. Lodging on June 1 is included; overnight stay is optional.

**Application deadline: May 18**

Learn more or start your application at  
[www.mdcoalition.org/LeadershipRetreat](http://www.mdcoalition.org/LeadershipRetreat)

**Questions?** Contact Reyanna Turner at [rturner@mdcoalition.org](mailto:rturner@mdcoalition.org)

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This Family Leadership Retreat is a program of the Maryland Coalition of Families (MCF). MCF helps families who care for someone with behavioral health needs, including mental health, substance use and gambling issues. Using personal experience as parents, caregivers, young people and other loved ones, we connect, support and empower Maryland's families. Learn more at [www.mdcoalition.org](http://www.mdcoalition.org).