



# HEALTH SCIENCE BOOT CAMP WORKSHOP INFORMATION PACKET



**A FREE week-long workshop designed for the prospective Health Science student**

FAQ's,  
Workshop application,  
minimal requirements,  
and a general description of  
the HS  
Workshop enclosed.



MONTGOMERY COLLEGE  
TAKOMA PARK/SILVER SPRING CAMPUS  
**HEALTH SCIENCE BOOT CAMP WORKSHOP**

This is a pilot project that is being offered to current Montgomery College students who are considering one of the degreed Health Science programs offered at Montgomery College. This is a weeklong workshop that will expose students to courses and objectives that all Health Science programs require. There is no cost to the student. Boot Camp workshop students will

- be supplied with a uniform scrub top and Health Science booklet with all course material included (power point slides, handouts)
- be awarded certification in CPR for health care providers free of charge. (Student must attend all classes and be present on Friday to receive certification. No exceptions)
- be taught vital signs
- be taught sterile technique
- be given strategies for test taking and time management,
- have the opportunity to research medical journals and present a small paper on this article
- review basic math concepts required for all health science programs
- be given an introduction to critical thinking, medical terminology, HIPAA and Health Care ethics
- be presented with a certificate of completion of the boot camp workshop and be presented with a gift bag of study aids

Boot Camp Workshop dates  
June 1-June 5, 2009  
OR  
June 8-June 12 2009

Class schedule for each workshop are as follows: (Class location TBA)

	Mon	Tues	Wed	Thurs	Fri
8:00-9:00	orientation	Medical terms	Technical skills lab Vital signs, Infection control Sterile techniques Body Mechanics	Math Review/ Medical term review	
9:00-10:00	orientation	Math			
10:00-11:00	Time management, study skills, textbook review	<u>Break 10-10:15</u>	Lunch 12:00-12:45	CPR 9:30-3:00 Lunch break	Final review of material  Final exam
11:00-11:15	Break	HIPAA AND ETHICS10:15-12:00			
11:15-12:15	Critical thinking in the Medical field			Lunch Graduation Presentation of CPR certificate Gift bags Tour of HS facilities	
12:15-12:45	Lunch	Lunch 12:00-12:30			
12:45-1:00	Writing skills, tour	Communication/ Intro To Vital Signs	Peer review of writing assignment		
1:00-2:00			Testing taking strategies		
2:00-3:00					



MONTGOMERY COLLEGE

TAKOMA PARK/SILVER SPRING CAMPUS  
**HEALTH SCIENCE BOOT CAMP WORKSHOP**

Admission requirements

Students must be enrolled as a current Montgomery College student

Minimum requirement-assessment level of EL 104

1<sup>st</sup> tier preference –Completion of EN 101 and BI 107

2<sup>nd</sup> tier preference –Eligibility to take EN 101

3<sup>rd</sup> tier preference- assessment level of EL 104

Deadline to submit application- April 1, 2009

Maximum number of students accepted for each workshop – 15

Workshop is offered at no charge to the student.



MONTGOMERY COLLEGE  
TAKOMA PARK/SILVER SPRING CAMPUS  
**HEALTH SCIENCE BOOT CAMP WORKSHOP**

## FAQ'S

*Q: What is a Health Science Boot Camp Workshop?*

A: The workshop is a 5 day learning experience to give prospective health science students the opportunity to experience classroom and lab course material that all health science programs require

*Q. What is the benefit of attending this workshop?*

A: It is the objective of the workshop to prepare students for the fast paced, critical thinking environment that exist in all health science programs.

*Q. Who designed this workshop?*

A: The Health Science Boot Camp Workshop is an extraordinarily collaborative effort of coordinators and full time faculty from the Nursing program, Health Information Management Technology Program, Physical Therapist Assistant Program, Diagnostic Medical Sonography program, Radiologic Technology Program, Surgical Technology Program and Fire Science Program. The faculty coauthored the booklet used for the boot camp and have designed classes and skills that are common to all of the health science programs.

*Q: What is the charge for this workshop?*

A: There is no charge to the student as this is a pilot project.

*Q: What are the dates of the workshop and how many students will be accepted into the boot camp?*

A: The workshop is offered twice. The first workshop is June 1-June 5, 2009 and June 8- June 12, 2009. 15 students will be accepted per workshop.

*Q. Are classes every day?*

A: Yes; the idea of the workshop is to simulate a schedule consistent with a health science program schedule.

*Q: What are other benefits of attending this workshop?*

A: Students will receive FREE CPR for Health Care Professional certification; they will receive a gift bag of academic supplies, a free uniform scrub top (to be worn every day at boot camp) and the opportunity to become competent in patient care skills

*Q: How do I apply for acceptance into the Health Science Boot Camp Workshop?*

A: Complete the application included in this package.

*Q: Are there any requirements to apply to the workshop?*

A: Students must be a current Montgomery College student. Students must be assessed at the EL 104 level. Students who have completed BI 107 or EN 101 will be given first priority.

*Q. What is the deadline for application?*

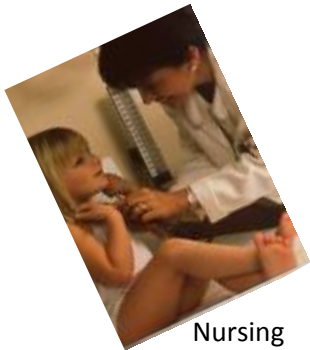
A: Application deadline in April 1, 2009. However, applications after that date will be considered if seats are not filled

*Q: When will I know if I have been accepted into the boot camp workshop?*

A: Students will be contacted by phone or e-mail by the beginning of May

*Q: Whom do I contact if I have any questions?*

A: Contact Professor Rose Aehle at 240-567-5564 or [rose.aehle@montgomerycollege.edu](mailto:rose.aehle@montgomerycollege.edu)



Nursing



Surgical  
Technology



Radiologic Technology



Fire Science



Physical  
Therapist  
Assistant



Diagnostic  
Medical  
Sonography



**MONTGOMERY COLLEGE'S HEALTH SCIENCE  
BOOT CAMP**



Health  
Information  
Management

Montgomery College  
Takoma Park/Silver Spring Campus  
Health Science Boot Camp Application

**Please complete all sections:**

**I. Personal Information**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

**M#** \_\_\_\_\_

Other legal names used on official records \_\_\_\_\_

Street Address \_\_\_\_\_ (Apt/Unit #) \_\_\_\_\_

Home Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Application Deadline (to guarantee full consideration) April 1, 2009**

**PLEASE CHECK FIRST AND SECOND CHOICE FOR THE WEEK THE BOOT CAMP  
WILL BE HELD**

June 1-June 5 2009 1<sup>st</sup> choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

June 8- June 12, 2009 1<sup>st</sup> choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

PLEASE CHECK ALL PROGRAMS YOU ARE CONSIDERING. (Does not impact selection into the boot camp)

DIAGNOSTIC MEDICAL SONOGRAPHY

NURSING

FIRE SCIENCE/EMS

RADIOLOGIC TECHNOLOGY

PHYSICAL THERAPIST ASSISTANT

HEALTH INFORMATION MANAGEMENT

SURGICAL TECHNOLOGY

**I certify that the information on and submitted in support of this application is correct and complete.**

**Applicant's Printed Name:** \_\_\_\_\_

**Applicant's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Return this application to:  
Professor Rose Aehle, MS RT (R,M)  
Health Science Building  
HC 442  
7600 Takoma Avenue  
Takoma Park, MD 20912  
240-567-5564*